

BirthCONTROL: A Husband's Honest Account of Pregnancy

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✓ Verified Book of BirthCONTROL: A Husband's Honest Account of Pregnancy

Summary:

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More than four million blissfully ignorant American men are thrust into fatherhood every year, yet these men are rarely armed with an honest account of what to expect in the first nine months. This nine-month, non-fiction account details how one man learns to let go of control in the quest for the perfect pregnancy.

All accounts were documented when they happened, long before the blurred baby goggles of fatherhood were firmly affixed. This rare, honest, and unmoderated male perspective on pregnancy will be educational for any new couple thinking of starting a family. For those already pregnant, it is a funny, relatable, and often neurotic vision of the day to day struggles encountered during this profoundly hormonal time in a couple's life. If you've ever had to settle on a baby's name or the color of a nursery, be publicly humiliated during birthing classes, or run the obstacle course otherwise known as a grocery store with someone days away from delivery, you'll understand.

The "Expecting" market is polluted with day-by-day pregnancy journals, medical texts, and non-fiction work overburdened with touching accounts of the mother's journey throughout pregnancy. Yet in a time where the husband's role in pregnancy has increased, there is still a distinct lack of literature defining the paternal struggles that he may expect while sleeping dangerously close to a nine month long science experiment.

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